

# OZIOKO NGOZI BLESSING

26, Amaeze Lane Nsukka, Enugu State Nigeria,

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## OBJECTIVES

I am a highly motivated, dedicated, experience, and empathetic care worker with experience in the provision of high quality care to maintain health, safety and development of elderly patient. Expert in monitoring clients behaviour and encouraging participation in health activities as noted in the care plan. Effective team player, working harmoniously with other team members to achieve the set aim and objectives of the organization. I am in good physical ,emotional and mental state and can adequately cater for patients under my care. I always strive to continually improve patients quality of life, promoting independence and well-being by going above basic care to offer companionship and support.

## AREAS OF EXPERT

Elderly patient care, hoist operation, Movement and handling, Dementia

Care, Residential care, and Reporting skills.

## SKILLS

- 1, Strong team player that has exceptional and patient leadership skills
- 2, Provide medication assistance to the residents, according to current well-being strategies
- 3, support the residents individualized care plan as authorized by home care
- 4, strong communicator, who conveys an excellent level of confidentiality and professionalism
- 5 ,Recording vital sign, Medication knowledge,  
Meal planning and preparation,
- 6, Effective time management skills

## QUALIFICATION AND TRAINING

- 1, First Aid
- 2, Basic life support( CPR)
- 3, Safeguarding and protection of adult

4, care certificate

5, Food hygiene

6, Diabetes Awareness

7, Health and safety

8, Infection Control

9, Medication practice

10, Moving and Handling

11, Mental Health

12, Fire safety

#### CORE VALUES

Patience, Dedication, Attentiveness, Compassionate, Courageous, Dependability, Effective communication, commitment and flexibility

#### WORK EXPERIENCE

Volunteer Care assistant

LITTLE SISTER OF THE POOR CARE HOME. (2022)- (2023)

\_No 35 ufuma Street Enugu Nigeria

1, I provide the highest level of personal care such as bathing, dressing, oral care to residents, by following individual care plan

2, I am Responsible for making and changing bed, tidying residents room and generally ensuring that the homes is kept clean

3, I help to serve food and drinks at mealtime while ensuring that meals look appealing

#### TRANSFERABLE SKILLS

Customer service representative- First bank of Nigeria Ltd

- provided excellent customer service
- Collaborate with cross functional team to ensure customer satisfaction
- Assisted in Administrative task, including record keeping and data management

#### EDUCATION OBTAINED

Higher National Diploma(Mass Communication )

Institute of Management and Technology (IMT) Enugu Nigeria (2008)

WAEC

General certificate Examination. (2009)

HOBBIES

Travelling, Cooking, Singing, Dancing

REFERENCE

Reference Available on Request